MOBILE PHYSIOTHERAPY FOR OLDER ADULTS

A practical home-based service for Greater Sydney

MoveWell assesses movement in the place daily life happens - at home, in retirement living or in aged care - and communicates with authorised referrers as agreed.

DIRECT CONTACT

(02) 7267 6711

admin@movewellsydney.com

72A Willoughby Road
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WHO WE COMMONLY SUPPORT

Older adults whose movement has changed

- Falls, near misses, balance or walking concerns
- Parkinson's and other neurological conditions
- Rebuilding strength after hospital, surgery or illness
- Deconditioning and difficulty with everyday tasks
- Mobility equipment questions in the real home setting

WHAT THE FIRST VISIT CAN COVER

Assessment linked to everyday goals

- What has changed and what the person wants to do
- Walking, balance and getting in or out of bed and chairs
- Relevant rooms, stairs, surfaces and existing equipment
- A practical exercise or movement plan where appropriate
- Recommended follow-up and agreed communication back

PAYMENT AND FUNDING PATHWAYS

One service, several ways to arrange it

Private payment and applicable private-health rebates; eligible Medicare referrals; DVA with a valid referral; approved Home Care Package services through Support at Home; and suitable self- or plan-managed NDIS arrangements.

Support at Home

MoveWell has service agreements with more than 20 home care providers. Approved physiotherapy uses one all-inclusive MoveWell price with no separate travel, administration or routine-report fees.

CHOOSE THE HANDOVER FOR YOUR SETTING

Referral pathways

A referral is reviewed for location, service fit, funding information and current capacity before an appointment is confirmed.

GPs and specialists

Include the functional change, relevant diagnoses and precautions, current aid, funding referral, and the communication required back.

Hospital discharge

Include prior and current mobility, procedure or restrictions, equipment, home access, expected discharge date and the safe interim plan.

Home care providers

Include the approved Support at Home service, budget or order, service-agreement details, invoice contact and reporting purpose.

REFERRAL CHECKLIST

Send the details that change the visit

- Patient name, date of birth, address and best contact
- Reason for referral and the important everyday goal
- Relevant diagnoses, recent change, falls and precautions
- Current mobility, assistance and equipment
- Home access, stairs and communication needs
- Funding approval, referral documents and invoice contact
- Consent and the report or update required

HOW TO REFER

Three direct options

1. Use the referral form at movewell2livewell.com/referrals
2. Email admin@movewellsydney.com
3. Call (02) 7267 6711 to check service fit

DOWNLOAD / SHARE

IMPORTANT SERVICE BOUNDARY

Planned community appointments

MoveWell is not an emergency or same-day discharge service. Use 000 or the appropriate acute pathway for urgent deterioration, suspected fracture, sudden neurological change, chest pain or severe breathlessness.